

# November 2018

## DAILY SPECIALS

♥ Bowls - \$8.99

1/2 Sandwich & Soup (any size) = 15% Off



MONDAY – SATURDAY

10 am – 8:00pm

Lunch – 11am – 4 pm / Dinner – 4pm – 8pm

Soup: Small @ \$3.49 – Large \$4.99

Heart Bowls - \$8.99

### Thursday, November 1:

SOUP: Five Onion (GF)

LUNCH: Tavern Style Pot Roast Grilled Cheese w/Caramelized Onions & Gruyere Cheese \$9.99

♥: Autumn Chopped Salad – Romaine, Bacon, Pear, Apple, Peanuts, Dried Cranberries & Feta Cheese w/Poppy Seed Dressing (GF)

DINNER: Spaghetti or Spaghetti Squash w/ Marinara \$8.99  
Add 3 Meatballs for \$3

### Friday, November 2:

SOUP: Roasted Butternut Squash (GF,V)

LUNCH: Smoked Salmon BLT on Everything Bagel \$8.99

♥: Caesar Salad w/Salmon (GF)

DINNER: Maple Rosemary Pork Loin w/Pan Gravy, Roasted Red Potatoes & Roasted Root Vegetables \$10.99

### Saturday, November 3:

SOUP: Potato with Bacon Scallions & Cheese (GF)

LUNCH: Turkey Devonshire \$9.99

DINNER: Chicken Fricassee over Jasmine Rice \$10.99

### Monday, November 5:

SOUP: Chicken Curry with Rice Noodles

LUNCH: French Dip w/French Onion Dip \$9.99

♥: Bacon, Pear & Gorgonzola Salad w/Cranberries & Pecans (GF)

DINNER: Baked Steak w/Mashed Potatoes & Gravy, Green Beans \$9.99

### Tuesday, November 6:

SOUP: Chicken Noodle

LUNCH: Monte Christo w/Ham, Turkey, Gruyere & Maple Syrup \$9.99

♥: Classic Spinach Salad w/Bacon, Mushrooms, Onions, Boiled Eggs & Bacon Vinaigrette (GF)

DINNER: Chicken Pot Pie, Mashed Potatoes & Gravy \$9.99

### Wednesday, November 7:

SOUP: Sausage & Seafood Gumbo

LUNCH: Southern Fried Pork Chop Biscuit Sandwich Cheddar Cheese, & Homemade Applesauce \$8.99

♥: Quinoa Salad w/Roasted Squash, Dried Cranberries, Pecans, Kale & Feta Cheese(GF,V)

DINNER: Creamy Balsamic Mushroom & Bacon Chicken w/ Rice Pilaf \$10.99

### Thursday, November 8:

SOUP: Creamy Mac & Cheese, Broccoli & Red Peppers (V)

LUNCH: Chicken Parmesan Grilled Cheese w/Marinara & Provolone \$8.99

♥: Harvest Cobb Salad – Boiled Egg, Bacon, Roasted Butternut Squash, Chicken, Oven Roasted Tomatoes & Maple Vinaigrette (GF)

DINNER: Lasagna Bolognese \$9.99

### Friday, November 9:

SOUP: Chicken Tortilla (GF)

LUNCH: Lobster Roll \$13.99

♥: Grilled Chicken Salad w/Romaine, Cucumber, Lemon, Parsley & Romesco Vinaigrette (GF)

DINNER: Smothered Pork Chop in Gravy Love, Mashed Potatoes & Green Beans \$9.99

### Saturday, November 10:

SOUP: Cheddar Ale (V)

LUNCH: Open Face Meatloaf Sandwich w/Mashed Potatoes & Gravy \$8.99

DINNER: Baked Spaghetti w/Garlic Bread \$9.99

### Monday, November 12:

SOUP: Tomato Basil (V,GF)

LUNCH: Cuban Sandwich \$8.99

♥: Baby Kale Salad w/Caramelized Mushrooms, Goat Cheese & Sherry Vinaigrette (V,GF)

DINNER: Meatloaf, Mashed Potatoes, Gravy & Green Beans \$9.99

### Tuesday, November 13:

SOUP: Potato & Leek (GF,V)

LUNCH: Chicken Waldorf Wrap – Chicken, Apples, Walnuts, Celery, Grapes & Mayo \$8.99

♥: Miso Charred Mushroom Salad w/Edamame, Napa, Scallions, Black Rice & Cilantro (V,GF)

DINNER: Chicken & Dumplings w/Mashed Potatoes \$9.99

### Wednesday, November 14:

SOUP: Black Bean Chili w/Roasted Poblanos (GF,V)

LUNCH: “Gobblerito” – Thanksgiving in a Burrito \$9.99

♥: Arugula, Sweet Potato & Walnut Salad w/”Dashi” Vinaigrette (GF,V)

DINNER: Beef Stroganoff w/Egg Noodles \$10.99

### Thursday, November 15:

SOUP: Broccoli & Cheese (GF,V)

LUNCH: Spaghetti & Meatball Grilled Cheese \$8.99

♥: Autumn Salad w/Greens, Prosciutto, Fresh Figs, Blue Cheese & Sesame Raisin Vinaigrette (GF)

DINNER: Enchilada Meatballs over Rice \$9.99 (GF)

### Friday, November 16:

SOUP: Split Pea (GF)

LUNCH: Fried Chicken BLT \$8.99

♥: Toasted Bulgur Salad with Smoked Salmon, Radishes & Green Apples

DINNER: Crab Cakes with Steak Fries & Cole Slaw \$16.99

### Saturday, November 17:

SOUP: New England Clam Chowder (GF)

LUNCH: Bacon, Apple & White Cheddar Grilled Cheese \$8.99

DINNER: Cabbage Rolls w/Mashed Potatoes (GF) \$9.99

### Sunday, November 18:

## “THANKS FOR GIVING”

### MARKET DINNER

\*Call the Market or check out our Facebook Page and Website for details [www.fishhawkacreswv.com](http://www.fishhawkacreswv.com)\*

### Monday, November 19:

SOUP: Italian Wedding (GF)

LUNCH: Italian Sausage, Pepperoni & Provolone Stromboli \$8.99

♥: Roasted Acorn Squash and Apples w/Quinoa, Kale & Maple-Tahini Dressing (GF,V)

DINNER: Tavern Style Pot Roast w/Mashed Potatoes & Gravy Roasted Root Vegetables (GF) \$9.99

### Tuesday, November 20:

SOUP: Creamy Beef-Mushroom Noodle

LUNCH: Thanksgiving Eggrolls \$7.99

♥: Fall Detox Salad: Shaved Brussel Sprouts, Carrots, Honey Crisp Apple, Celery, Sunflower Seeds, Raisins, Lemon Juice & Maple Syrup (GF,V)

DINNER: Cranberry Stuffed Pork Chops w/Roasted Butternut Squash & Baby Carrots \$11.99

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### EVERYDAY – ALL DAY SANDWICHES

**Deli Grilled Reuben \$6.99 Half/ \$9.99 Whole**

Grilled Rye stuffed with corned beef, a heap of warm sauerkraut, and gooey layers of melted Gruyere cheese and a generous dose of Russian dressing – pure sacrilege!

**Turkey Stack \$5.99 Half/ \$8.99 Whole**

The iconic “club” revised! We stack ours with thick fresh roasted turkey, crispy bacon, great local lettuce, tomato and mayonnaise. We ditch the third piece of bread (we don’t like to waste the calories!)

**Chicken Salad BLT \$6.99 Half/ \$9.99 Whole**

A BLT is not a well-dressed bacon sandwich. A BLT is a tomato sandwich seasoned with bacon, and WE season ours with a plump chicken salad, lettuce, tomato and mayonnaise.

**Flank Steak Bomb \$7.99 Half/ \$10.99 Whole**

The appeal of a steak sandwich lies in the fact that it’s a steak, and yet it’s all the other components that make it truly special. This one is layered with caramelized onions and Gruyere cheese.

**Spinach & Artichoke \$5.99 half/ \$8.99 whole**

A hot mess bound together with mayo, mozzarella and Parmesan cheeses. Topped off with fresh mushrooms on sourdough.

**Grilled Cheese \$4.99 half/ \$7.99 whole**

A Classic sandwich in its ultimate form, grilled inside & out (to add buttery flavor & promote melting)–cooked low & slow!

**Hot Ham & Cheese \$6.99 half/ \$9.99 whole**

American version of the French Classic “Croque Monsieur.” Some have asked, “how damned good can a ham & cheese sandwich be?”  
... You tell us!

**FHA Market Burger \$10.99**

Classic flavor all juiced up, a little weird in a wonderful way! Juiciness to your elbows and a plate full of run-off that you will want to wipe clean with your tongue.

**CRABBY PATTY “Burger” \$12.99**

It’s a Crab Cake with fancy tartar sauce on Ciabattia with Lettuce & Tomato.

**RAMP BURGER \$10.99**

Caramelized Onions, WV Ramps, Crispy Bacon, Cheddar Cheese & BBQ Sauce.

**BLACK BEAN BURGER \$9.99**

Gloves off Carnivores! This meatless wonder has a melty layer of Pepper Jack Cheese, Chipotle Mayo, Red Onions & Pico.

**CHEESE SELECTIONS:**

Hot Pepper Jack, Gruyere, Cheddar & Provolone

Extra Cheese Add \$1.00 / Add Bacon Add \$1.00

**Too Many Family Members & Not A Big Enough  
Kitchen? Last Minute Office Party?**

**Call Fish Hawk Acres!**

**We’ve Got Your Holiday Catering Covered**

**304-473-7890 (catering office)**

### Wednesday, November 21:

SOUP: Italian Sausage & Cheese Tortellini

LUNCH: Chicken Cordon Bleu Grilled Cheese \$8.99

♥: Arugula Salad w/Caramelized Squash, Spiced Pecans, Pomegranates & Ginger Vinaigrette (GF,V)

DINNER: Rosemary Chicken w/Mushrooms, Potatoes & Lemon (GF) \$10.99

### Thursday, November 22:

**CLOSED FOR THANKSGIVING**

### Friday, November 23:

SOUP: Beef Vegetable (GF)

LUNCH: Gooey Gobbler : Carved Turkey & Cranberry

Sauce on Grilled Sourdough w/Smoked Gouda \$8.99

♥: Apple Salad w/Bacon, Sunflower Seeds & Red Onion (GF)

DINNER: Chicken Enchilada Stuffed Acorn Squash (GF) \$10.99

### Saturday, November 24:

SOUP: Black Bean (GF,V)

LUNCH: Grilled Tuna Melt on Sourdough \$8.99

DINNER: Cheese Manicotti with Marinara \$9.99 (V)

### Monday, November 26:

SOUP: Minestrone (V)

LUNCH: Short Rib Melt w/Caramelized Onions & Gruyere  
On Sourdough \$9.99

♥: Butternut Squash & Cranberry Quinoa Salad (GF,V)

DINNER: Bavarian Pot Roast w/Potatoes & Carrots (GF) \$9.99

### Tuesday, November 27:

SOUP: Thai Coconut Chicken (GF)

LUNCH: Turkey Melt with Caramelized Onions &  
Spicy Pumpkin Mayo \$8.99

♥: Shaved Brussel Sprouts Salad w/Cranberries, Pears, Pecans & Gorgonzola, Maple-Balsamic Vinaigrette (GF,V)

DINNER: Diver Scallops w/Capers, Brown Butter & Lemon  
Pan Sauce w/Jasmine Rice & Vegetables (GF) \$15.99

### Wednesday, November 28:

SOUP: Stuffed Pepper (GF)

LUNCH: Steak & Mushroom “Reuben” on Sourdough \$9.99

♥: Roasted Cauliflower Salad w/Pomegranate, Red Onion,  
Lemon & Pistachios (GF,V)

DINNER: Eggplant Parmesan (V) \$9.99

### Thursday, November 29:

SOUP: Sherried Mushroom (V,GF)

LUNCH: French Onion Soup Grilled Cheese (V) \$8.99

♥: Sweet Pineapple, Chicken & Quinoa Salad (GF)

DINNER: Acorn Squash Stuffed w/Italian Sausage, Kale, Leeks & Parmesan Cheese (GF) \$9.99

### Friday, November 30:

SOUP: Crab Chowder (GF)

LUNCH: Chile Glazed Salmon Burger w/Asian Slaw \$9.99

♥: Pear Salad w/Walnuts, Beets, Gorgonzola, Lemon  
& Rice Wine Vinegar (GF,V)

DINNER: Apple Roasted Pork Loin w/Cherry Balsamic Glaze,  
Roasted Fingerlings & Baby Carrots (GF) \$10.99