

March 2019

DAILY SPECIALS

Soup: Small \$3.49 / Large \$4.99

♥ Bowl: \$8.99



Farm • Market • Catering

HOURS
 MONDAY – SATURDAY
 7am – 8pm
 Breakfast – 7am – 10:30am
 Lunch – 10:30am – 4pm
 Dinner – 4pm – 8pm

Friday, March 1:

Soup: Chicken & Dumpling
 Lunch: Lobster Roll \$13.99
 ♥ Bowl: Caesar Salad with Salmon (GF)
 Dinner: Spinach & Mushroom Ravioli with Chive Butter Sauce \$10.99 (V)

Saturday, March 2

Soup: Broccoli & Cheese (GF, V)
 Lunch: French Dip on Baguette with au Jus \$8.99
 Dinner: Fried Chicken w/Mashed Potatoes, Gravy & Seasonal Vegetables \$11.99

Monday, March 4:

Soup: Italian Wedding Soup
 Lunch: Creole Chicken and Avocado Wrap \$8.99
 ♥ Bowl: Cheese Tortellini BLT Salad
 Dinner: Baked Steak, Mashed Potatoes, Gravy & Green Beans \$9.99

Tuesday, March 5:

Soup: Shrimp Gumbo
 Lunch: Ragin' Cajun Chicken Sandwich \$8.99
 ♥ Bowl: Southwest Cobb Salad (GF)
 Dinner: Jambalaya with Chicken, Kielbasa & Shrimp \$15.99 (GF)

Wednesday, March 6:

Soup: Red Beans & Rice (GF)
 Lunch: Muffaletta Sandwich \$8.99
 ♥ Bowl: Big Fat Greek Salad (GF, V)
 Dinner: Creole Shrimp over Rice \$16.99 (GF)

Thursday, March 7:

Soup: NOLA Voodoo Soup
 Lunch: Slap ya Mama Meatloaf Sandwich \$8.99
 ♥ Bowl: Chicken Taco Salad (GF)
 Dinner: Chicken Creole with Dirty Rice \$10.99 (GF)

Friday, March 8:

Soup: Creole Corn Soup (GF, V)
 Lunch: Shrimp Po' Boy w/Lettuce, Tomato & Remoulade \$11.99
 ♥ Bowl: Nicoise Salad (GF)
 Dinner: Cajun Shrimp & Grits \$16.99 (GF)

Saturday, March 9:

Soup: Black Bean & Andouille Sausage (GF)
 Lunch: Roast Beef Po' Boy \$9.99
 Dinner: Cajun Chicken Alfredo \$11.99

Monday, March 11:

Soup: Sherried Mushroom (GF, V)
 Lunch: Mexican Chicken Avocado Wrap \$8.99
 ♥ Bowl: Teriyaki Chicken Salad
 Dinner: Meatloaf, Mashed Potatoes, Gravy & Green Beans \$9.99

Tuesday, March 12:

Soup: Cheese & Ale (V)
 Lunch: Chicken Provolone w/Honey Mustard \$8.99
 ♥ Bowl: Mexican Garden Salad (GF)
 Dinner: Lasagna Bolognese \$9.99

Wednesday, March 13:

Soup: Split Pea (GF)
 Lunch: Spinach, Mushroom & Ricotta Pizza \$7.99
 ♥ Bowl: Chinese Chicken Salad
 Dinner: Beef Stroganoff over Egg Noodles \$9.99

Thursday, March 14:

Soup: Corn Chowder (GF, V)
 Lunch: Tuna Salad Croissant \$7.99
 ♥ Bowl: Mediterranean Three Bean & Quinoa Salad (GF, V)
 Dinner: Irish Stew w/Potatoes & Carrots \$9.99

Friday, March 15:

Soup: Hearty Vegetable (GF, V)
 Lunch: Shrimp Caesar Wrap \$10.99
 ♥ Bowl: Asian Chicken & Cranberry Salad
 Dinner: Shepherd's Pie \$9.99

Saturday, March 16:

Soup: Cheeseburger (GF)
 Lunch: Patty Melt on Rye w/1000 Island Dressing, Sauerkraut & Gruyere Cheese \$9.99
 Dinner: Mrs. Giles Corned Beef, Cabbage & Parslied Buttered Potatoes \$10.99 (GF)

Monday, March 18:

Soup: Stuffed Pepper Soup (GF)
 Lunch: Greek Chicken Wrap w/Hummus, Cucumbers & Tomatoes \$8.99
 ♥ Bowl: Mandarin Orange & Chicken Spinach Salad w/Lemon-Honey Dressing (GF)
 Dinner: Baked Steak, Mashed Potatoes, Gravy & Green Beans \$9.99

Tuesday, March 19:

Soup: Cabbage Patch (GF)
 Lunch: Chicken Parmesan Grilled Cheese \$8.99
 ♥ Bowl: Mexican Caesar Salad w/Shrimp
 Dinner: Spaghetti & Meatballs \$8.99

Wednesday, March 20:

Soup: Cream of Cauliflower (GF, V)
 Lunch: Classic Italian Sub \$8.99
 ♥ Bowl: Mediterranean Lentil Salad (GF, V)
 Dinner: Roasted Cuban Chicken w/Black Beans & Rice \$10.99 (GF)

Thursday, March 21:

Soup: Bean & Bacon (GF)
 Lunch: Hot Roast Beef Sandwich on Baguette w/Caramelized Onions & Brown Gravy \$8.99
 ♥ Bowl: Chopped Asian Chicken Salad
 Dinner: Moussaka \$9.99 (GF)

Friday, March 22:

Soup: Manhattan Clam Chowder (GF)
 Lunch: Salmon Burger \$10.99
 ♥ Bowl: Bloody Mary Pasta Salad w/Shrimp
 Dinner: Cheese Stuffed Shells w/Marinara \$8.99

Saturday, March 23:

Soup: Minestrone
 Lunch: Cuban Sandwich \$8.99
 Dinner: Beef Bourguignon \$10.99

Monday, March 25:

Soup: Black Bean (GF, V)
 Lunch: Chicken Club Wrap \$8.99
 ♥ Bowl: Quinoa Ratatouille Salad (GF, V)
 Dinner: Pot Roast w/Potatoes & Carrots \$9.99

Tuesday, March 26:

Soup: White Chicken Chili (GF)
 Lunch: Chicken Gyro w/Tzatziki \$8.99
 ♥ Bowl: Caribbean Chicken Salad (GF)
 Dinner: Cheese Manicotti w/Marinara \$8.99 / Bolognese \$9.99

Wednesday, March 27:

Soup: Loaded Baked Potato (GF)
 Lunch: Pepperoni & Oliverio Pepper Pizza \$8.99
 ♥ Bowl: Vegetarian Cobb Salad w/Roasted Sweet Potatoes (GF, V)
 Dinner: Chicken & Dumplings w/Mashed Potatoes \$9.99

304-473-7741

Menu & Prices Subject To Change Without Notice

www.fishhawkacreswv.com

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Thursday, March 28:

Soup: Chicken Noodle
 Lunch: Pot Roast Grilled Cheese w/Caramelized Onions \$8.99
 ♥ Bowl: Broccoli Salad w/Quinoa, Blueberries & Almonds (GF, V)
 Dinner: Cabbage Roll w/Buttered Parslied Potatoes \$8.99 (GF)

Friday, March 29:

Soup: Crab Chowder (GF)
 Lunch: Crab Cake Sandwich w/Cole Slaw \$11.99
 ♥ Bowl: Tortellini & Baby Shrimp Pasta Salad
 Dinner: Pasta Carbonara w/Broccoli \$9.99/ Add Chicken \$13.99
 Add Shrimp \$16.99

Saturday, March 30:

Soup: Chili (GF)
 Lunch: Turkey Devonshire \$8.99
 Dinner: Prime Rib, Twice Baked Potato & Veggies \$18.99 (GF)

Don't forget to make your reservations for the **Fancy Ramp Market Dinner** on March 24th - Seatings will be at Noon, 2:30 & 5:00 PM \$35 per person

THE BREAKFAST CLUB WINTER POP-UP MENU

Served Monday-Saturday 7am-10:30am

MS. TERESA'S BIG BISCUITS & SAUSAGE GRAVY - \$4.99

Big Fluffy Made from Scratch Biscuit with Gravy full of Country Sausage.

THE "RISE & F'HAWKING SHINE"

Eggs, Home Fries and or Grits, Toast or Biscuit, Bacon or Sausage

Single (One Egg/One Slice of Toast) - \$5.49
 Double - (Two Eggs/Two Slices of Toast) - \$7.49

THREE (3) EGG OMELET - \$7.99

Choice of Mushrooms, Onions, Tomatoes, Spinach, Bacon, Ham & Cheese

BREAKFAST SAMMICH - \$5.99

Eggs, Bacon, Sausage & Cheese
 Choice of Bread - Biscuit or Ciabatta

FRENCH TOAST - \$7.99

Created with our own Homemade Bread & WV Maple Syrup

EXTRA BACON - \$1.00
 GLEN'S SAUSAGE - \$1.99
 GRITS - \$2.29
 HOME FRIES - \$2.99
 TOAST - \$1.89
 OATS - Cup \$3.49 / Bowl \$4.99

ASK ABOUT OUR GLUTEN FREE BREAKFAST OPTIONS

EVERYDAY - ALL DAY SANDWICHES

Deli Grilled Reuben \$6.99 Half/ \$10.49 Whole

Grilled Rye stuffed with corned beef, a heap of warm sauerkraut, and gooey layers of melted Gruyere cheese and a generous dose of Russian dressing - pure sacrilege!

Turkey Stack \$5.99 Half/ \$9.99 Whole

The iconic "club" revised! We stack ours with thick fresh roasted turkey, crispy bacon, great local lettuce, tomato and mayonnaise. We ditch the third piece of bread (we don't like to waste the calories!)

Chicken Salad BLT \$6.99 Half/ \$9.99 Whole

A BLT is not a well-dressed bacon sandwich. A BLT is a tomato sandwich seasoned with bacon, and WE season ours with a plump chicken salad, lettuce, tomato and mayonnaise.

Flank Steak Bomb \$7.99 Half/ \$10.99 Whole

The appeal of a steak sandwich lies in the fact that it's a steak, and yet its all the other components that make it truly special. This one is layered with caramelized onions and Gruyere cheese.

Spinach & Artichoke \$5.99 half/ \$8.99 whole

A hot mess bound together with mayo, mozzarella and Parmesan cheeses. Topped off with fresh mushrooms on sourdough.

Grilled Cheese \$4.99 half/ \$7.99 whole

A Classic sandwich in its ultimate form, grilled inside & out (to add buttery flavor & promote melting)-cooked low & slow!

Hot Ham & Cheese \$6.99 half/ \$9.99 whole

American version of the French Classic "Croque Monsieur." Some have asked, "how damned good can a ham & cheese sandwich be?" ... You tell us!

FHA Market Burger \$10.99

Classic flavor all juiced up, a little weird in a wonderful way! Juiciness to your elbows and a plate full of run-off that you will want to wipe clean with your tongue.

CRABBY PATTY "Burger" \$12.99

It's a Crab Cake with fancy tartar sauce on Ciabatta with Lettuce & Tomato.

RAMP BURGER \$10.99

Caramelized Onions, WV Ramps, Crispy Bacon, Cheddar Cheese & BBQ Sauce.

BLACK BEAN BURGER \$9.99

Gloves off Carnivores! This meatless wonder has a melty layer of Pepper Jack Cheese, Chipotle Mayo, Red Onions & Pico.

F'HAWKER DOG \$3.49

Fully Loaded All Beef Dog w/ Ketchup, Onions, Mustard, Chili & Slaw

CHEESE SELECTIONS:

Hot Pepper Jack, Gruyere, Cheddar, Provolone & White American

Extra Cheese Add \$1.00 / Add Bacon Add \$1.00 / Avocado Add \$1.00

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