

April 2019

DAILY SPECIALS

♥ Bowls - \$8.99
Soup: Small \$3.49 / Large: \$4.99



HOURS
MONDAY - SATURDAY
7 am - 8 pm
Breakfast - 7am-10:30am
Lunch - 11am - 4pm
Dinner - 4pm - 8pm

Monday, April 1:

Soup: Slovakian Sauerkraut (GF)
♥: Grecian Quinoa Salad (GF)
Lunch: Hot German Ham Sandwich w/Muenster on Rye
& German Potato Salad \$8.99
Dinner: Greek Lemon Chicken w/Roasted Potatoes & Swiss Chard \$9.99 (GF)

Tuesday, April 2:

Soup: Cheeseburger (GF)
♥: Chicken Caesar Salad w/Oven Roasted Tomatoes (GF)
Lunch: Cali-Turkey Club Wrap w/Fresh Fruit \$8.99
Dinner: Baked Steak, Mashed Potatoes, Gravy & Green Beans \$10.99

Wednesday, April 3:

Soup: Ratatouille (GF,V)
♥: Carne Asada Salad w/Cilantro Lime Vinaigrette (GF)
Lunch: Pan Bagnat a French Baguette with Roast Chicken, Peppercornini,
Tomatoes, Goat Cheese, Tapenade & Arugula \$8.99
Dinner: Coq au Vin (Chicken Braised in Wine) with Baby Carrots
& Baby Potatoes \$10.99

Thursday, April 4:

Soup: Greek Meatball (GF)
♥: Mediterranean Salad (GF,V)
Lunch: Grilled Chicken Greek Salad Sandwich on Pita \$8.99
Dinner: Moussaka \$9.99 (GF)

Friday, April 5:

Soup: Chicken Parmesan (GF)
♥: Salmon Nicoise Salad (GF)
Lunch: Classic Italian Sub with Tortellini Salad \$8.99
Dinner: Tortellini Primavera \$10.99

Saturday, April 6:

Soup: Tomato Tortellini
Lunch: Pork Barbecue Sandwich w/Cole Slaw \$7.99
Dinner: Beef Stroganoff over Egg Noodles \$9.99

Monday, April 8:

Soup: New England Clam Chowdah (GF)
♥: Chopped Antipasti Salad (GF)
Lunch: Calzone w/Pepperoni, Ricotta & Mozzarella \$7.99
Dinner: Lasagna Bolognese \$8.99

Tuesday, April 9:

Soup: Minestrone
♥: Enchilada Chicken Bowl (GF)
Lunch: Mexican Chicken Avocado Wrap \$8.99
Dinner: Chili Rellenos w/Black Beans and Rice \$9.99 (V)

Wednesday, April 10:

Soup: Creamy Potato (GF,V)
♥: Vietnamese Barbecue Shrimp Noodle Bowl
Lunch: Chicken Salad Croissant \$8.99
Dinner: Crab Cakes w/Steak Fries & Cole Slaw \$15.99

Thursday, April 11:

Soup: Spicy Chicken Enchilada (GF)
♥: Chopped Chicken Sesame Noodle Bowl
Lunch: Spinach & Mushroom Quesadilla w/Pico & Sour Cream \$8.99 (V)
Dinner: Teriyaki Chicken w/Stir Fry Vegetables over Jasmine Rice \$9.99

Friday, April 12:

Soup: Beer Cheese & Onion
♥: Southwest Cobb Salad (GF)
Lunch: Lobster Roll \$13.99
Dinner: Shrimp Primavera over Linguini \$15.99

Saturday, April 13:

Soup: Chicken Pot Pie
Lunch: French Dip au Jus \$8.99
Dinner: Meatloaf, Mashed Potatoes, Gravy & Green Beans \$9.99

Monday, April 15:

Soup: Italian Wedding
♥: Marinated Vegetable Salad w/Roasted Salmon (GF)
Lunch: Monte Cristo \$8.99
Dinner: Balsamic Glazed Pork Chop w/Roesti Potato & Cabbage \$10.99 (GF)

Tuesday, April 16:

Soup: Sherried Mushroom GF
♥: Rainbow Chopped Thai Chicken Salad
Lunch: Southwest Chicken Wrap \$8.99
Dinner: Baby Back Ribs w/ Sauteed Corn & Cole Slaw (GF)
½ Rack \$13.99 / Full Rack \$18.99

Wednesday, April 17:

Soup: Five Onion
♥: Cuban Chicken & Black Bean Quinoa Bowl (GF)
Lunch: Chicken Enchilada Sliders (3) \$8.99
Dinner: Chili Rubbed Salmon w/Spanish Rice & Fresh Broccoli \$13.99 (GF)

Thursday, April 18:

Soup: Potato & Leek (GF,V)
♥: Caribbean Salad: Pineapple, Mandarin Oranges, Dried Cranberries,
Red Bell Peppers, Green Onion, Cilantro & Honey Lime Dressing (GF,V)
Lunch: Fried Chicken BLT \$8.99
Dinner: Chicken Marsala w/Spinach & Mushroom Risotto \$11.99

Friday, April 19:

Soup: Crab Chowder (GF)
♥: Asian Ramen Noodle & Vegetable Salad
Lunch: Pot Roast Grilled Cheese w/Caramelized Onions \$8.99
Dinner: Herb Roasted Prime Rib w/Baked Potato Casserole & Broccoli \$18.99 (GF)

Saturday, April 20:

Soup: German Chicken Noodle
Lunch: Chicken Burrito \$8.99
Dinner: Margarita Grilled Shrimp served over Spiralized Zucchini
& Pico de Gallo \$15.99 (GF)

Monday, April 22:

****Closed for Easter Monday****

Tuesday, April 23:

Soup: Cauliflower (GF,V)
♥: Tortellini Primavera Salad (V)
Lunch: Buffalo Chicken Ranch Wrap
Dinner: Beef Bourguignon w/Roasted Potatoes & Baby Carrots \$10.99

Wednesday, April 24:

Soup: Stuffed Pepper
♥: Green Goddess Quinoa Salad (GF,V)
Lunch: Salmon Burger w/Lettuce, Tomato & Mayo \$9.99
Dinner: Cheese Manicotti with Marinara (V) \$8.99 /with Meat Sauce \$9.99

Thursday, April 25:

Soup: Chicken Cordon Bleu
♥: BLT Tortellini Salad
Lunch: Italian Meatball Sub \$7.99
Dinner: Cajun Chicken & Shrimp w/Broccoli & Rice \$15.99 (GF)

Friday, April 26:

Soup: Spinach Tortellini Soup
♥: Mexican Pasta Salad
Lunch: Turkey Focaccia Club \$8.99
Dinner: Baked Steak, Mashed Potatoes, Gravy & Green Beans \$9.99

Saturday, April 27:

Soup: Cheesy Taco (GF)
Lunch: Cuban \$8.99
Dinner: Creamy Parmesan Garlic Mushroom Chicken Over Rice
w/Fresh Broccoli \$10.99 (GF)

Monday, April 29:

Soup: White Chicken Chili (GF)
♥: Vietnamese Chicken Salad
Lunch: Fried Green Tomato BLT
Dinner: Potato & Cheese Pierogies w/Keilbasa & Sauerkraut \$9.99

Tuesday, April 30:

Soup: Broccoli & White Cheddar Cheese (GF)
♥: Barbecue Chicken Salad (GF)
Lunch: Whisky Glazed BBQ Chicken Wrap
Dinner: Beef Pot Roast w/Caramelized Onion, Potatoes & Baby Carrots \$10.99

MARKET 304-473-7741

Menu & Prices Subject To Change Without Notice
www.fishhawkacresw.com

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EVERYDAY - ALL DAY SANDWICHES

Deli Grilled Reuben \$6.99 Half/ \$9.99 Whole

Grilled Rye stuffed with corned beef, a heap of warm sauerkraut, and gooey layers of melted Gruyere cheese and a generous dose of Russian dressing - pure sacrilege!

Turkey Stack \$5.99 Half/ \$8.99 Whole

The iconic "club" revised! We stack ours with thick fresh roasted turkey, crispy bacon, great local lettuce, tomato and mayonnaise. We ditch the third piece of bread (we don't like to waste the calories!)

Chicken Salad BLT \$6.99 Half/ \$9.99 Whole

A BLT is not a well-dressed bacon sandwich. A BLT is a tomato sandwich seasoned with bacon, and WE season ours with a plump chicken salad, lettuce, tomato and mayonnaise.

Flank Steak Bomb \$7.99 Half/ \$10.99 Whole

The appeal of a steak sandwich lies in the fact that it's a steak, and yet its all the other components that make it truly special. This one is layered with caramelized onions and Gruyere cheese.

Spinach & Artichoke \$5.99 half/ \$8.99 whole

A hot mess bound together with mayo, mozzarella and Parmesan cheeses. Topped off with fresh mushrooms on sourdough.

Grilled Cheese \$4.99 half/ \$7.99 whole

A Classic sandwich in its ultimate form, grilled inside & out (to add buttery flavor & promote melting)-cooked low & slow!

Hot Ham & Cheese \$6.99 half/ \$9.99 whole

American version of the French Classic "Croque Monsieur." Some have asked, "how damned good can a ham & cheese sandwich be?"

... You tell us!

FHA Market Burger \$10.99

Classic flavor all juiced up, a little weird in a wonderful way! Juiciness to your elbows and a plate full of run-off that you will want to wipe clean with your tongue.

CRABBY PATTY "Burger" \$12.99

It's a Crab Cake with fancy tartar sauce on Ciabattia with Lettuce & Tomato.

RAMP BURGER \$10.99

Caramelized Onions, WV Ramps, Crispy Bacon, Cheddar Cheese & BBQ Sauce.

BLACK BEAN BURGER \$9.99

Gloves off Carnivores! This meatless wonder has a melty layer of Pepper Jack Cheese, Chipotle Mayo, Red Onions & Pico.

CHEESE SELECTIONS:

Hot Pepper Jack, Gruyere, Cheddar & Provolone

Extra Cheese Add \$1.00 / Add Bacon Add \$1.00

(GF) Gluten Free. (V) Vegetarian

THE BREAKFAST CLUB MENU

Served Monday-Saturday 7am-10:30am

MS. TERESA'S BIG BISCUITS & SAUSAGE GRAVY - \$4.99

Big Fluffy Made from Scratch Biscuit with Gravy full of Country Sausage.

THE "RISE & F'HAWKING SHINE"

Eggs, Home Fries and or Grits, Toast or Biscuit, Bacon or Sausage

Single (One Egg/One Slice of Toast) - **\$5.49**

Double - (Two Eggs/Two Slices of Toast) - **\$7.49**

THREE (3) EGG OMELET - \$7.99

Choice of Mushrooms, Onions, Tomatoes, Spinach, Bacon, Ham & Cheese

BREAKFAST SAMMICH - \$5.99

Eggs, Bacon, Sausage & Cheese
Choice of Bread - Biscuit or Ciabatta

FRENCH TOAST - \$7.99

Created with our own Homemade Bread & WV Maple Syrup

EXTRA BACON - \$1.00

GLEN'S SAUSAGE - \$1.99

GRITS - \$2.29

HOME FRIES - \$2.99

TOAST - \$1.89

OATS - Cup \$3.49 / Bowl \$4.99

ASK ABOUT OUR GLUTEN FREE BREAKFAST OPTIONS

Mother's Day Brunch is boring...

We've got a better idea!

Come out the night before for a

Hot Mess Mom's Night Out Paint Party!!!

Grab your friends for snacks, wine & a fun time painting with our girl Sheray!

May 11th @ 6:30pm

\$40 per person w/Advance Reservations Required

Save The Date

Friday, April 26th @5pm

Join us at the

Upshur County Public Library for the
25th Annual Gourmet Ramp Feast

\$25 per person with proceeds
to Benefit the Friends of the Library

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