

# May 2019

## DAILY SPECIALS

♥ - \$8.99



HOURS  
MONDAY - SATURDAY  
7 am - 8 pm  
**Breakfast - 7am - 10:30am**  
**Lunch - 11am - 4pm**  
**Dinner - 4pm - 8pm**

### Wednesday, May 1:

Lunch: Grilled Pastrami on Rye w/Whole Grain Mustard, Gruyere & Slaw \$9.99

♥: Spring Vegetable Quinoa Salad (GF,V)

Dinner: Sautéed Chicken Breast w/Mushrooms, Bacon & Cheddar Jack Mashed Potatoes & Veggies \$10.99 (GF)

### Thursday, May 2:

Lunch: Open Face Turkey Sandwich w/Mashed Potatoes & Gravy \$8.99

♥: Asian Chicken Salad

Dinner: Chicken & Dumplings, Mashed Potatoes & Gravy \$9.99

### Friday, May 3:

Lunch: Italian Sausage & Oliverio Pepper Calzone \$8.99

♥: Caesar Salad w/ Roasted Salmon

Dinner: Shrimp Linguini Alfredo \$15.99

### Saturday, May 4:

Lunch: BLT on Sourdough \$8.99

Dinner: Prime Rib, Twice Baked Potato & Veggies \$19.99 (GF)

### Monday, May 6:

Lunch: Bacon Chicken BBQ Wrap \$8.99

♥: Nicoise Salad (GF)

Dinner: Meatloaf, Mashed Potatoes, Gravy & Green Beans \$9.99

### Tuesday, May 7:

Lunch: Shrimp Quesadilla w/Pico & Sour Cream \$10.99

♥: Southwest Cobb Salad (GF)

Dinner: Cashew Chicken \$12.99

### Wednesday, May 8:

Lunch: Buffalo Chicken & Ranch Wrap \$8.99

♥: Greek Salad (GF)

Dinner: Tortellini Primavera \$9.99

### Thursday, May 9:

Lunch: Turkey Devonshire \$9.99

♥: Chicken & Sesame Noodle Salad

Dinner: Lasagna Bolognese \$9.99

### Friday, May 10:

Lunch: Lobster Roll \$14.99

♥: Farmer's Market Salad (GF)

Dinner: BBQ Baby Back Ribs w/Sautéed Corn & Slaw  
½ Rack \$13.99 / Full Rack \$18.99 (GF)

### Saturday, May 11:

Lunch: Bacon & Cheddar Jack Mac & Cheese \$6.99

Dinner: Spaghetti & Meatballs \$8.99

### Monday, May 13:

Lunch: Chicken Caesar Wrap \$8.99

♥: Spinach Salad w/Bacon, Egg, Red Onion, Mushroom & Bacon Vinaigrette (GF)

Dinner: Baked Steak, Mashed Potatoes, Gravy & Green Beans \$9.99 (GF)

### Tuesday, May 14:

Lunch: Pot Roast Grilled Cheese \$8.99

♥: Chopped Antipasti Salad (GF)

Dinner: Beef Stroganoff over Egg Noodles \$9.99

### Wednesday, May 15:

Lunch: Fried Chicken BLT \$8.99

♥: Tortellini Primavera Salad

Dinner: Cheese Manicotti w/ Marinara \$8.99 w/ Meat Sauce \$9.99

### Thursday, May 16:

Lunch: Meatball Hoagie \$7.99

♥: Vietnamese Chicken Salad

Dinner: Pork Roast w/Sauerkraut, Fried Potatoes & Ramps \$10.99 (GF)

### Friday, May 17:

Lunch: N'Awlins Style Shrimp Po'Boy \$11.99

♥: Mexican Pasta Salad

Dinner: Roast Cuban Chicken w/Black Beans & Rice \$10.99 (GF)

### Saturday, May 18:

Lunch: French Dip au Jus \$8.99

Dinner: Cajun Shrimp & Chicken Pasta \$15.99

### Monday, May 20:

Lunch: Turkey Bacon Avocado Wrap \$8.99

♥: Mediterranean Shrimp Salad (GF)

Dinner: Swedish Meatballs over Egg Noodles \$9.99

### Tuesday, May 21:

Lunch: Quattro Formaggio Pizza \$7.99

♥: Vegetable Buddah Bowl (GF,V)

Dinner: Chicken Parmesan over Linguini \$10.99

### Wednesday, May 22:

Lunch: BBQ Beef Brisket on Ciabatta \$8.99

♥: Chicken Cashew Salad (GF)

Dinner: Rosemary & Lemon Roasted Chicken w/Vegetable Orzo & Pita \$10.99

### Thursday, May 23:

Lunch: Fried Green Tomato BLT \$7.99

♥: Mexican Flank Steak Salad w/Jicama, Orange & Pineapple (GF)

Dinner: Salmon Cakes w/Fresh Asparagus \$14.99

### Friday, May 24:

Lunch: Chicken Salad Croissant \$8.99

♥: Fresh Tuna Salad w/Asparagus, Tomatoes, Greens & Mustard Vinaigrette (GF)

Dinner: Crab Cakes w/Remoulade, Steak Fries & Slaw \$16.99

### Saturday, May 25:

Lunch: Cuban Sandwich \$8.99

Dinner: Baked Steak, Mashed Potatoes, Gravy & Green Beans \$9.99 (GF)

### Monday, May 27:

Lunch: Chicken Gyro w/Lettuce, Tomato, Cucumbers, Onions & Tzatziki \$8.99

♥: Chicken & Lemon Quinoa Salad (GF)

Dinner: Salmon & Orzo w/Asparagus & Tomato-Caper Vinaigrette (GF)

### Tuesday, May 28:

Lunch: Grilled Chicken & Pesto on Baguette w/Goat Cheese & Arugula \$8.99

♥: Falafel Power Salad (GF,V)

Dinner: Southern Fried Chicken, Mashed Potatoes & Gravy, & Slaw \$9.99

### Wednesday, May 29:

Lunch: Italian Sausage Sub w/Peppers, Onion, Marinara & Provolone \$8.99

♥: Green Bean & Quinoa Salad w/Goat Cheese & Kalamata Olive Vinaigrette (GF)

Dinner: Lasagna Verde w/Fresh Spinach, Mozzarella, Ricotta, Mushrooms & Marinara \$9.99

### Thursday, May 30:

Lunch: Spaghetti & Meatball Grilled Cheese \$7.99

♥: Black Bean Burger Bowl (GF,V)

Dinner: Eggplant Parmesan w/Angel Hair & Marinara \$9.99

### Friday, May 31:

Lunch: Turkey Club Wrap \$8.99

♥: Sweet Chili Mustard Chicken Salad w/Toasted Almonds (GF)

Dinner: Braised Short Rib w/Mashed Potatoes, Demi-Glace & Summer Veggies. \$14.99 (GF)

FHA Market: 304-473-7741

Menu & Prices Subject To Change Without Notice

www.fishhawkacreswv.com

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Mother's Day Brunch is boring...  
We've got a better idea!  
Come out the night before for a  
**Hot Mess Mom's Night Out Paint Party!!!**  
Grab your friends for snacks, wine & a  
fun time painting with our girl Sheray!  
May 11<sup>th</sup> @ 6:30pm  
\$40 per person w/Advance Reservations Required

## THE BREAKFAST CLUB MENU

Served Monday-Saturday 7am-10:30am

### MS. TERESA'S BIG BISCUITS & SAUSAGE GRAVY - \$4.99

Big Fluffy Made from Scratch Biscuit with  
Gravy full of Country Sausage.

### THE "RISE & F'HAWKING SHINE"

Eggs, Home Fries and or Grits, Toast or Biscuit, Bacon or  
Sausage

Single (One Egg/One Slice of Toast) - \$5.49

Double - (Two Eggs/Two Slices of Toast) - \$7.49

### THREE (3) EGG OMELET - \$7.99

Choice of Mushrooms, Onions, Tomatoes, Spinach,  
Bacon, Ham & Cheese

### BREAKFAST SAMMICH - \$5.99

Eggs, Bacon, Sausage & Cheese  
Choice of Bread - Biscuit or Ciabatta

### FRENCH TOAST - \$7.99

Created with our own Homemade Bread & WV Maple Syrup

EXTRA BACON - \$1.00

GLEN'S SAUSAGE - \$1.99

GRITS - \$2.29

HOME FRIES - \$2.99

TOAST - \$1.89

OATS - Cup \$3.49 / Bowl \$4.99



## JOIN US AT THE FARM!

Now Booking Reservations for our upcoming  
2019 Summer Farm Dinner Series

June 12<sup>th</sup>

July 10<sup>th</sup>

August 14<sup>th</sup>

September 11<sup>th</sup>

The Dinner Bell Rings at 6pm!

Advance payment and reservations necessary!

MARKET #: 304-473-7741

## EVERYDAY - ALL DAY SANDWICHES

**Deli Grilled Reuben \$6.99 Half/ \$10.49 Whole**  
Grilled Rye stuffed with corned beef, a heap of warm sauerkraut,  
and gooey layers of melted Gruyere cheese and a generous dose  
of Russian dressing - pure sacrilege!

**Turkey Stack \$5.99 Half/ \$9.99 Whole**  
The iconic "club" revised! We stack ours with thick fresh roasted turkey,  
crispy bacon, great local lettuce, tomato and mayonnaise.  
We ditch the third piece of bread (we don't like to waste the calories!)

**Chicken Salad BLT \$6.99 Half/ \$9.99 Whole**  
A BLT is not a well-dressed bacon sandwich. A BLT is a tomato  
sandwich seasoned with bacon, and WE season ours with a  
plump chicken salad, lettuce, tomato and mayonnaise.

**Flank Steak Bomb \$7.99 Half/ \$10.99 Whole**  
The appeal of a steak sandwich lies in the fact that it's a steak,  
and yet it's all the other components that make it truly special.  
This one is layered with caramelized onions and Gruyere cheese.

**Spinach & Artichoke \$5.99 half/ \$8.99 whole**  
A hot mess bound together with mayo, mozzarella and Parmesan  
cheeses. Topped off with fresh mushrooms on sourdough.

**Grilled Cheese \$4.99 half/ \$7.99 whole**  
A Classic sandwich in its ultimate form, grilled inside & out  
(to add buttery flavor & promote melting)-cooked low & slow!

**Hot Ham & Cheese \$6.99 half/ \$9.99 whole**  
American version of the French Classic "Croque Monsieur."  
Some have asked, "how damned good can  
a ham & cheese sandwich be?" ... You tell us!

**FHA Market Burger \$10.99**  
Classic flavor all juiced up, a little weird in a wonderful way!  
Juiciness to your elbows and a plate full of run-off  
that you will want to wipe clean with your tongue.

**CRABBY PATTY "Burger" \$12.99**  
It's a Crab Cake with fancy tartar sauce on Ciabatta  
with Lettuce & Tomato.

**RAMP BURGER \$10.99**  
Caramelized Onions, WV Ramps, Crispy Bacon,  
Cheddar Cheese & BBQ Sauce.

**BLACK BEAN BURGER \$9.99**  
Gloves off Carnivores! This meatless wonder has a melty layer of  
Pepper Jack Cheese, Chipotle Mayo, Red Onions & Pico.

**F'HAWKER DOG \$3.49**  
Fully Loaded All Beef Dog w/ Ketchup, Onions, Mustard, Chili & Slaw

**CHEESE SELECTIONS:**  
Hot Pepper Jack, Gruyere, Cheddar & Provolone

Extra Cheese Add \$1.00 / Add Bacon Add \$1.00 /  
Avocado Add \$1.00

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