

January 2020

DAILY SPECIALS

Soup: Small \$3.49 / Large \$4.99
♥ - \$8.99



HOURS
MONDAY - SATURDAY
7 am - 8 pm
Breakfast - 7am - 11am
Lunch - 11am - 4pm
Dinner - 4pm - 8pm

Wednesday, January 1:

Closed For New Year's Day!!

Thursday, January 2:

Soup: Good Fortune Soup (Black Eyed Peas & Greens) (GF)
Lunch: Open Face Turkey Sandwich w/Mashed Potatoes & Gravy \$8.99

♥: Asian Chicken Salad
Dinner: Chicken & Dumplings, Mashed Potatoes & Gravy \$9.99

Friday, January 3:

Soup: Red Bell Pepper (V,GF)
Lunch: Italian Sausage & Oliverio Pepper Calzone \$8.99

♥: Caesar Salad w/ Roasted Salmon (GF)
Dinner: Shrimp Linguini Alfredo \$15.99

Saturday, January 4:

Soup: Creole Gumbo
Lunch: BLT on Sourdough \$8.99
Dinner: Prime Rib, Twice Baked Potato & Veggies \$19.99 (GF)

Monday, January 6:

Soup: Cheeseburger, Cheeseburger, Cheeseburger
Lunch: Bacon Chicken BBQ Wrap \$8.99
♥: Nicoise Salad (GF)
Dinner: Meatloaf, Mashed Potatoes, Gravy & Green Beans \$9.99

Tuesday, January 7:

Soup: Chicken Noodle
Lunch: Shrimp Quesadilla w/Pico & Sour Cream \$10.99
♥: Southwest Cobb Salad (GF)
Dinner: Cashew Chicken \$12.99

Wednesday, January 8:

Soup: Winter Vegetable
Lunch: Buffalo Chicken & Ranch Wrap \$8.99
♥: Greek Salad (GF) (V)
Dinner: Tortellini Primavera \$9.99 (V)

Thursday, January 9:

Soup: Black Bean w/Cilantro (V,GF)
Lunch: Turkey Devonshire \$9.99
♥: Chicken & Sesame Noodle Salad
Dinner: Lasagna Bolognese \$9.99

Friday, January 10:

Soup: New England Clam Chowdah (GF)
Lunch: Lobster Roll \$14.99
♥: Farmer's Market Salad (GF)
Dinner: BBQ Baby Back Ribs w/Sautéed Corn & Slaw
½ Rack \$13.99 / Full Rack \$18.99 (GF)

Saturday, January 11:

Soup: Chicken Enchilada (GF)
Lunch: Bacon & Cheddar Jack Mac & Cheese \$6.99
Dinner: Spaghetti & Meatballs \$8.99

Monday, January 13:

Soup: Potato & Leek
Lunch: Chicken Caesar Wrap \$8.99
♥: Spinach Salad w/Bacon, Egg, Red Onion, Mushroom & Bacon Vinaigrette (GF)
Dinner: Baked Steak, Mashed Potatoes, Gravy & Green Beans \$9.99 (GF)

Tuesday, January 14:

Soup: Minestrone (GF,V)
Lunch: Pot Roast Grilled Cheese \$8.99
♥: Chopped Antipasti Salad (GF)
Dinner: Beef Stroganoff over Egg Noodles \$9.99

Wednesday, January 15:

Soup: Creamy Tomato (GF,V)
Lunch: Fried Chicken BLT \$8.99
♥: Tortellini Primavera Salad (V)
Dinner: Cheese Manicotti w/ Marinara (V) \$8.99 w/ Meat Sauce \$9.99

Thursday, January 16:

Soup: Roasted Carrot (GF,V)
Lunch: Meatball Hoagie \$7.99
♥: Vietnamese Chicken Salad
Dinner: Pork Roast w/Sauerkraut, Fried Potatoes & Ramps \$10.99 (GF)

Friday, January 17:

Soup: Red Beans & Rice
Lunch: N'Awlins Style Shrimp Po'Boy \$11.99
♥: Mexican Pasta Salad
Dinner: Roast Cuban Chicken w/Black Beans & Rice \$10.99 (GF)

Saturday, January 18:

Soup: Cabbage Patch
Lunch: French Dip au Jus \$8.99
Dinner: Cajun Shrimp & Chicken Pasta \$15.99

Monday, January 20:

Soup: Tuscan White Bean w/Roasted Garlic (GF,V)
Lunch: Turkey Bacon Avocado Wrap \$8.99
♥: Mediterranean Shrimp Salad (GF)
Dinner: Swedish Meatballs over Egg Noodles \$9.99

Tuesday, January 21:

Soup: Chili
Lunch: Quattro Formaggio Pizza \$7.99 (V)
♥: Vegetable Buddha Bowl (GF,V)
Dinner: Chicken Parmesan over Linguini \$10.99

Wednesday, January 22:

Soup: French Onion
Lunch: BBQ Beef Brisket on Ciabatta \$8.99
♥: Chicken Cashew Salad (GF)
Dinner: Rosemary & Lemon Roasted Chicken w/Vegetable Orzo & Pita \$10.99

Thursday, January 23:

Soup: Egg Drop Soup
Lunch: Fried Green Tomato BLT \$7.99
♥: Mexican Flank Steak Salad w/Jicama, Orange & Pineapple (GF)
Dinner: Salmon Cakes w/Fresh Asparagus \$14.99

Friday, January 24:

Soup: Loaded Baked Potato Soup
Lunch: Chicken Salad Croissant \$8.99
♥: Fresh Tuna Salad w/Asparagus, Tomatoes, Greens & Mustard Vinaigrette (GF)
Dinner: Crab Cakes w/Remoulade, Steak Fries & Slaw \$16.99

Saturday, January 25:

Soup: Taco (GF)
Lunch: Cuban Sandwich \$8.99
Dinner: Baked Steak, Mashed Potatoes, Gravy & Green Beans \$9.99 (GF)

Monday, January 27:

Soup: Creamy Mushroom (V)
Lunch: Grilled Pastrami on Rye w/Whole Grain Mustard, Gruyere & Slaw \$9.99
♥: Spring Vegetable Quinoa Salad (GF,V)
Dinner: Sautéed Chicken Breast w/Mushrooms, Bacon & Cheddar Jack Mashed Potatoes & Veggies \$10.99 (GF)

January 2020

DAILY SPECIALS

Soup: Small \$3.49 / Large \$4.99
♥ - \$8.99



HOURS
MONDAY - SATURDAY
7 am - 8 pm
Breakfast - 7am - 11am
Lunch - 11am - 4pm
Dinner - 4pm - 8pm

Tuesday, January 28:

Soup: Tomato Basil (GF,V)
Lunch: Grilled Chicken & Pesto on Baguette w/Goat Cheese & Arugula \$8.99
♥: Falafel Power Salad (GF,V)
Dinner: Southern Fried Chicken, Mashed Potatoes & Gravy, & Slaw \$9.99

Wednesday, January 29:

Soup: Italian Wedding
Lunch: Italian Sausage Sub w/Peppers, Onion, Marinara & Provolone \$8.99
♥: Green Bean & Quinoa Salad w/Goat Cheese & Kalamata Olive Vinaigrette (GF,V)
Dinner: Lasagna Verde w/Fresh Spinach, Mozzarella, Ricotta, Mushrooms & Marinara \$9.99 (V)

Thursday, January 30:

Soup: Tuscan Beef Vegetable
Lunch: Spaghetti & Meatball Grilled Cheese \$7.99
♥: Black Bean Burger Bowl (GF,V)
Dinner: Eggplant Parmesan w/Angel Hair & Marinara \$9.99 (V)

Friday, January 31:

Soup: Navy Bean (V,GF)
Lunch: Turkey Club Wrap \$8.99
♥: Sweet Chili Mustard Chicken Salad w/Toasted Almonds (GF)
Dinner: Braised Short Rib w/Mashed Potatoes, Demi-Glace & Summer Veggies. \$14.99 (GF)

EVERYDAY - ALL DAY SANDWICHES

DELI GRILLED REUBEN \$6.99 Half/ \$10.49 Whole
Grilled Rye stuffed with corned beef, a heap of warm sauerkraut, and gooey layers of melted Gruyere cheese and a generous dose of Russian dressing - pure sacrilege!

TURKEY STACK \$5.99 Half/ \$9.99 Whole
The iconic "club" revised! We stack ours with thick fresh roasted turkey, crispy bacon, great local lettuce, tomato and mayonnaise. We ditch the third piece of bread (we don't like to waste the calories!)

CHICKEN SALAD BLT \$6.99 Half/ \$9.99 Whole
A BLT is not a well-dressed bacon sandwich. A BLT is a tomato sandwich seasoned with bacon, and WE season ours with a plump chicken salad, lettuce, tomato and mayonnaise.

FLANK STEAK BOMB \$7.99 Half/ \$10.99 Whole
The appeal of a steak sandwich lies in the fact that it's a steak, and yet it's all the other components that make it truly special. This one is layered with caramelized onions and Gruyere cheese.

SPINACH & ARTICHOKE \$5.99 half/ \$8.99 whole
A hot mess bound together with mayo, mozzarella and Parmesan cheeses. Topped off with fresh mushrooms on sourdough.

GRILLED CHEESE \$4.99 half/ \$7.99 whole
A Classic sandwich in its ultimate form, grilled inside & out (to add buttery flavor & promote melting)-cooked low & slow!

HOT HAM & CHEESE \$6.99 half/ \$9.99 whole
American version of the French Classic "Croque Monsieur." Some have asked, "how damned good can a ham & cheese sandwich be?" ... You tell us!

FHA MARKET BURGER \$10.99
Classic flavor all juiced up, a little weird in a wonderful way! Juiciness to your elbows and a plate full of run-off that you will want to wipe clean with your tongue.

CRABBY PATTY "Burger" \$12.99
It's a Crab Cake with fancy tartar sauce on Ciabatta with Lettuce & Tomato.

RAMP BURGER \$10.99
Caramelized Onions, WV Ramps, Crispy Bacon, Cheddar Cheese & BBQ Sauce.

BLACK BEAN BURGER \$9.99
Gloves off Carnivores! This meatless wonder has a melty layer of Pepper Jack Cheese, Chipotle Mayo, Red Onions & Pico.

F'HAWKER DOG \$3.49
Fully Loaded All Beef Dog w/ Ketchup, Onions, Mustard, Chili & Slaw

CHEESE SELECTIONS:
Hot Pepper Jack, Gruyere, Cheddar & Provolone

Extra Cheese Add \$1.00 / Add Bacon Add \$1.00 / Avocado Add \$1.00

THE BREAKFAST CLUB MENU

Served Monday-Saturday 7am-10:30am

MS. TERESA'S BIG BISCUITS & SAUSAGE GRAVY - \$4.99
Big Fluffy Made from Scratch Biscuit with Gravy full of Country Sausage.

THE "RISE & F'HAWKING SHINE"
Eggs, Home Fries and or Grits, Toast or Biscuit, Bacon or Sausage
Single (One Egg/One Slice of Toast) - \$5.49
Double - (Two Eggs/Two Slices of Toast) - \$7.49

THREE (3) EGG OMELET - \$7.99
Choice of Mushrooms, Onions, Tomatoes, Spinach, Bacon, Ham & Cheese

BREAKFAST SAMMICH - \$5.99
Eggs, Bacon, Sausage & Cheese
Choice of Bread - Biscuit or Ciabatta

FRENCH TOAST - \$7.99
Created with our own Homemade Bread & WV Maple Syrup

EXTRA BACON - \$1.00
GLEN'S SAUSAGE - \$1.99
GRITS - \$2.29
HOME FRIES - \$2.99
TOAST - \$1.89
OATS - Cup \$3.49 / Bowl \$4.99

ASK ABOUT OUR GLUTEN FREE BREAKFAST OPTIONS