

July 2020

DAILY SPECIALS

Lunch Special: 11am - 4pm

Dinner Special: 4pm - 6pm



Fish Hawk Acres

A FAMILY OF FARMS

Farm · Market · Catering

HOURS
MONDAY - SATURDAY
8 am - 6pm

Breakfast: 8am-11am
Sandwiches/Burgers: 11am-6pm

Wednesday, July 1:

Lunch: Pork Barbecue on Ciabatta with Creamy Coleslaw \$8.99
Dinner: Sweet & Sour Pork Skewers with Pineapple over Jasmine Rice (GF) \$10.99

Thursday, July 2:

Lunch: Cheesesteak Quesadillas with Pico & Sour Cream \$10.99
Dinner: Pan Roasted Shrimp over Linguini with Roasted Garlic, Parmesan Sauce, Spinach, & Grape Tomatoes \$14.99

Friday, July 3:

Lunch: Chicken Caesar Wraps \$8.99
Dinner: Seared Flank Steak with Leek & Mushroom Demi Glaze, Roasted Potatoes, & Summer Vegetables \$14.99

Saturday, July 4:

Closed to Celebrate Independence Day

Monday, July 6:

Lunch: Philly Cheesesteak with Peppers & Onions \$10.99
Dinner: Roasted Half Chicken with Sweet Baby Ray BBQ Sauce, Twice Baked Potato, & Corn on the Cobb (GF) \$10.99

Tuesday, July 7:

Lunch: Chicken Sesame Noodle Salad \$8.99
Dinner: Firecracker Grilled Salmon, Jasmine Rice, & Avocado Salsa (GF) \$14.99

Wednesday, July 8:

Lunch: Fried Green Tomato BLT on Sourdough \$8.99
Dinner: Beef Brisket, Macaroni & Cheese, & Cole Slaw \$11.99

Thursday, July 9:

Lunch: Grilled Chicken Quesadilla with Peppers, Onions, Pico, & Sour Cream \$8.99
Dinner: Creb Cakes with Spinach & Mushroom risotto \$19.99

Friday, July 10:

Lunch: Hot Italian Sausage Sub with Peppers, onions, Provolone, & Marinara \$8.99
Dinner: Potato Crusted Salmon with Fresh Broccoli (GF) \$15.99

Saturday, July 11:

Lunch: Lobster Roll \$14.99
Dinner: Meatloaf, Mashed Potatoes, Gravy, & Seasonal Vegetables \$10.99

Monday, July 13:

Lunch: Caesar Salad with Salmon (GF) \$9.99
Dinner: Cuban Roasted Half Chicken with Black Beans & Rice (GF) \$10.99

Tuesday, July 14:

Lunch: Fried Chicken BLT \$8.99
Dinner: Shrimp & Parmesan Grits with Summer Squash (GF) \$14.99

Wednesday, July 15:

Lunch: Chicken Salad Croissant \$8.99
Dinner: Eggplant Parmesan \$9.99

Thursday, July 16:

Lunch: Shrimp Po Boy with Remoulade \$11.99

Dinner: Baked Steak, Mashed Potatoes, Gravy, & Summer Vegetables \$9.99

Friday, July 17:

Lunch: Cashew Chicken Salad \$8.99
Dinner: Baby Back Ribs with Calico Beans, Mac n Cheese, & Cole Slaw ½ Rack-\$13.99 Full Rack-\$19.99

Saturday, July 18:

Lunch: Buffalo Chicken Wrap \$8.99
Dinner: Cashew Chicken over Jasmine Rice \$10.99

Monday, July 20:

Lunch: Barbecue Chicken Salad with Corn, Pico, Cucumber, Black Beans, & Cheese (GF) \$8.99
Dinner: Teriyaki Glaze swordfish with Stir fried Vegetables & Jasmine Rice \$16.99

Tuesday, July 21:

Lunch: Eggplant Parmesan Sandwich on Baguette with Provolone & Marinara (V) \$8.99
Dinner: Stuffed Hungarian Peppers with Parslied Potatoes (GF) \$9.99

Wednesday, July 22:

Lunch: Monte Cristo \$9.99
Dinner: Grilled Bruschetta Chicken with Risotto Melanesia (GF) \$11.99

Thursday, July 23:

Lunch: Tuna Salad Croissant \$8.99
Dinner: Prime Rib, twice Baked Potato, & Summer Vegetables (GF) \$19.99

Friday, July 24:

Lunch: Prime Rib Grilled Cheese with Caramelized Onions \$10.99
Dinner: Pan Seared Diver Scallops over Creamy Vegetable Risotto \$15.99

Saturday, July 25:

Lunch: Turkey BLT Wrap \$8.99
Dinner: Stuffed Pepper & Mashed Potatoes (GF) \$8.99

Monday, July 27:

Lunch: Farmers Market Salad \$8.99
Dinner: Fried Chicken, Mashed Potatoes, Gravy, Coleslaw, & Biscuit \$9.99

Tuesday, July 28:

Lunch: Turkey Devonshire \$9.99
Dinner: Peel & Eat Shrimp, Corn on the Cobb, Roasted Red Potatoes, & Coleslaw (GF) \$19.99

Wednesday, July 29:

Lunch: Spaghetti & Meatball Grilled Cheese \$8.99
Dinner: Ginger & Soy Chicken with Jasmine Rice & Teriyaki Vegetables \$15.99

Thursday, July 30:

Lunch: Southwest Chicken Salad with Spicy Ranch Dressing (GF) \$8.99
Dinner: Cabbage Roll & Parslied Buttered Potatoes (GF) \$8.99

Friday, July 31:

Lunch: Cuban Sandwich \$9.99
Dinner: Lobster Mac N Cheese \$19.99

MARKET 304-473-7741

Menu & Prices Subject To Change Without Notice

www.fishhawkacresvw.com

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EVERYDAY - ALL DAY SANDWICHES

GYRO

Chicken \$9.99, Flank Steak \$10.99 or Vegetarian \$8.99

A soft grilled pita surrounds your choice of protein with lettuce, tomato, red onion & Tzatziki Sauce. Or get it Vegetarian style with hummus and roasted red peppers, either way it's a win-win!

TURKEY AVOCADO WRAP \$8.99

Thinly Sliced Deli Turkey & Fresh Avocado wrapped up with lettuce, tomato & red onion in a soft flour tortilla - yes, please.

CLASSIC BLT \$5.99 Half / \$7.99 Whole

The Classic at its finest, layers of bacon, fresh tomatoes & lettuce on sourdough bread with a slather of tangy Mayo to hold it together.

CHICKEN PROVOLONE \$5.99 Half / \$8.99 Whole

Nothing better than Grilled Chicken Breast, Provolone Cheese & our Homemade Honey Mustard - Grilled and served to perfection on Sourdough Bread.

DELI GRILLED REUBEN \$6.99 Half / \$10.49 Whole

Grilled Rye stuffed with corned beef, a heap of warm sauerkraut, gooey layers of melted Gruyere cheese and a generous dose of Russian dressing.

TURKEY STACK \$5.99 Half / \$9.99 Whole

The iconic "club" revised! We stack ours with thick fresh roasted turkey, crispy bacon, fresh local lettuce, tomato and mayonnaise.

CHICKEN SALAD BLT \$6.99 Half / \$9.99 Whole

Toasted Ciabatta Bread holds this bad boy together with plump tomatoes and fresh greens...mmm, mmm, gimme that Bacon!

FLANK STEAK BOMB \$7.99 Half / \$10.99 Whole

The appeal of a steak sandwich lies in the fact that it's a steak, and yet it's all the other components that make it truly special. This one is layered with caramelized onions and Gruyere cheese.

GRILLED CHEESE \$4.99 half / \$7.99 whole

A Classic sandwich in its ultimate form, grilled inside & out -cooked low & slow!

SPINACH & ARTICHOKE \$5.99 half / \$8.99 whole

A hot mess bound together with mayo, mozzarella and Parmesan cheeses. Topped off with fresh mushrooms on sourdough.

HOT HAM & CHEESE \$6.99 half / \$9.99 whole

American version of the French Classic "Croque Monsieur."

FHA MARKET BURGER \$10.99

Classic flavor all juiced up, a little weird in a wonderful way! Juiciness to your elbows and a plate full of run-off that you will want to wipe clean with your tongue.

RAMP BURGER \$10.99

Caramelized Onions, WV Ramps, Crispy Bacon, Cheddar Cheese & BBQ Sauce.

CRABBY PATTY "Burger" \$12.99

It's a Crab Cake with fancy tartar sauce on Ciabatta with Lettuce & Tomato.

BLACK BEAN BURGER \$9.99

Gloves off Carnivores! This meatless wonder has a layer of Pepper Jack Cheese, Chipotle Mayo, Red Onions & Pico

OLIVERIO PEPPER BURGER \$10.99

The Best Italian Peppers out of North Central WV turn a regular old Burger into "THE BOMB" - Fugheddaboutit

F'HAWKER DOG \$3.49

Fully Loaded All Beef Dog w/ Ketchup, Onions, Mustard, Chili & Slaw

CHEESE SELECTIONS:

Hot Pepper Jack, Gruyere, Cheddar & Provolone
Extra Cheese Add \$1.00 / Add Bacon Add \$1.00 /
Avocado Add \$1.00

THE BREAKFAST MENU

Served Monday-Saturday 7am-11am

MS. TERESA'S BIG BISCUITS & SAUSAGE GRAVY - \$4.99

Big Fluffy Made from Scratch Biscuit with
Gravy full of Country Sausage.

BREAKFAST SAMMICH - \$5.99

Eggs, Bacon, Sausage & Cheese
Choice of Bread - Biscuit or Ciabatta

You can shop for Fish Hawk groceries online!
Visit www.fishhawkmarket.com and we'll
bring your items out to you curbside. If you'd
like to have your items delivered just let us
know and we'll do our best to get them to you!

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