

December 2020

DAILY SPECIALS

Soup: Small \$3.49 / Large \$4.99



HOURS
MONDAY – SATURDAY
8am – 6pm
Breakfast – 8am – 11am
Lunch – 11am – 3pm
Dinner – 3pm – 6pm

Tuesday, December 1:

Soup: Sherried Mushroom (GF,V)
Lunch: Chicken Caesar Wrap \$8.99
Dinner: Chicken Pot Pie w/Mashed Potatoes \$9.99

Wednesday, December 2:

Soup: Northern Bean (GF,V)
Lunch: Greek Salad with Roasted Chicken \$8.99 (GF)
Dinner: Prime Rib w/ Twice Baked Potatoes & Veggies \$19.99

Thursday, December 3:

Soup: Broccoli Cheddar (GF,V)
Lunch: Cuban Sandwich \$8.99
Dinner: Cilantro Lime Grilled Swordfish w/Asparagus & Jasmine Rice \$15.99

Friday, December 4:

Soup: Beef Vegetable
Lunch: Pot Roast Grilled Cheese \$8.99
Dinner: Firecracker Salmon w/Jasmine Rice & Veggies \$14.99

Saturday, December 5:

Soup: New England Clam Chowder
Lunch: Turkey BLT Wrap \$8.99
Dinner: Beef Stroganoff over Egg Noodles \$9.99

Monday, December 7:

Soup: Roasted Five Onion (GF)
Lunch: Tuna Salad Croissant \$8.99
Dinner: Lasagna Bolognese \$9.99

Tuesday, December 8:

Soup: Loaded Potato (GF)
Lunch: Meatball Sub \$8.99
Dinner: Baked Steak, Mashed Potatoes, Gravy & Green Beans \$9.99

Wednesday, December 9:

Soup: Chicken Noodle
Lunch: BBQ Beef Brisket on Ciabatta \$8.99
Dinner: Prime Rib, Twice Baked Potato & Veggies \$19.99 (GF)

Thursday, December 10:

Soup: Red Bell Pepper (GF,V)
Lunch: Chicken Caesar Salad \$8.99
Dinner: Shrimp Scampi over Angel Hair Pasta \$15.99

Friday, December 11:

Soup: Taco
Lunch: Monte Cristo w/Ham, Turkey & Maple Syrup \$9.99
Dinner: Tilapia w/Spinach & Parmesan Risotto \$12.99

Saturday, December 12:

Soup: Creamy Tomato Basil (GF,V)
Lunch: Chicken Waldorf Salad Wrap \$8.99
Dinner: Cashew Chicken over Jasmine Rice \$12.99

Monday, December 14:

Soup: Cabbage Patch
Lunch: Lobster Roll \$14.99
Dinner: Spaghetti & Meatballs \$8.99

Tuesday, December 15:

Soup: Cheeseburger, Cheeseburger
Lunch: Fried Chicken BLT \$8.99
Dinner: Meatloaf, Mashed Potatoes, Gravy & Green Beans \$9.99

Wednesday, December 16:

Soup: Black Bean (GF,V)
Lunch: Southwest Cobb Salad \$8.99 (GF)
Dinner: Prime Rib, Twice Baked Potato & Veggies \$19.99

Thursday, December 17:

Soup: Potato & Leek (GF,V)
Lunch: Open Faced Meatloaf Sandwich, Mashed Potatoes & Gravy \$8.99
Dinner: Shrimp & Smoked Sausage Jambalaya \$14.99

Friday, December 18:

Soup: Minestrone (GF)
Lunch: Chicken Parmesan Grilled Cheese \$8.99
Dinner: Crab Cakes w/Cole Slaw & Cheddar Biscuits \$15.99

Saturday, December 19:

Soup: Crab Chowder
Lunch: French Dip au Jus \$8.99
Dinner: Chipotle Meatballs over Rice \$9.99

Monday, December 21:

Soup: Stuffed Pepper
Lunch: Spinach, Mushroom & Cheddar Quiche \$5.99 (V)
Dinner: Cheese Manicotti w/Bolognese Sauce \$9.99

Tuesday, December 22:

Soup: Cheese & Onion (GF,V)
Lunch: Spaghetti & Meatball Grilled Cheese \$7.99
Dinner: Chicken & Dumplings, Mashed Potatoes \$9.99

Wednesday, December 23:

Soup: Chili (GF)
Lunch: Taco Salad (GF)
Dinner: Braised Veal Shank w/Spinach & Parmesan Risotto \$18.99

Thursday, December 24:

The Market will be open until Noon for Holiday Order Pickups & Last Minute Dessert/Breakfast Pastry Dilemmas!
The Grill is Closed

Friday, December 25:

MERRY CHRISTMAS!!

We Wish You All The Best This Holiday Season!!

Saturday, December 26:

We'll be Closed Today to Continue to Enjoy Our Holiday Weekend!

Monday, December 28:

Soup: Loaded Baked Potato (GF)
Lunch: Taco Grilled Cheese \$8.99
Dinner: Beef Bourguignon \$9.99

Tuesday, December 29:

Soup: Chicken Enchilada (GF)
Lunch: Chicken Salad Croissant \$8.99
Dinner: Pot Roast w/Potatoes & Carrots \$9.99 (GF)

Wednesday, December 30:

Soup: Butternut Squash (GF,V)
Lunch: Turkey Devonshire \$9.99
Dinner: Prime Rib, Twice Baked Potato & Veggies \$19.99 (GF)

Thursday, December 31:

Soup: Good Fortune Soup
Lunch: Chicken Fajita Quesadilla \$8.99
Dinner: Stuffed Pork Loin w/Roasted Potatoes & Braised Red Cabbage \$10.99

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EVERYDAY – ALL DAY SANDWICHES

Deli Grilled Reuben \$6.99 Half/ \$10.49 Whole

Grilled Rye stuffed with corned beef, a heap of warm sauerkraut, and gooey layers of melted Gruyere cheese and a generous dose of Russian dressing – pure sacrilege!

Turkey Stack \$5.99 Half/ \$9.99 Whole

The iconic “club” revised! We stack ours with thick fresh roasted turkey, crispy bacon, great local lettuce, tomato and mayonnaise. We ditch the third piece of bread (we don’t like to waste the calories!)

Chicken Salad BLT \$6.99 Half/ \$9.99 Whole

A BLT is not a well-dressed bacon sandwich. A BLT is a tomato sandwich seasoned with bacon, and WE season ours with a plump chicken salad, lettuce, tomato and mayonnaise.

Flank Steak Bomb \$7.99 Half/ \$10.99 Whole

The appeal of a steak sandwich lies in the fact that it’s a steak, and yet it’s all the other components that make it truly special. This one is layered with caramelized onions and Gruyere cheese.

Spinach & Artichoke \$5.99 half/ \$8.99 whole

A hot mess bound together with mayo, mozzarella and Parmesan cheeses. Topped off with fresh mushrooms on sourdough.

Grilled Cheese \$4.99 half/ \$7.99 whole

A Classic sandwich in its ultimate form, grilled inside & out (to add buttery flavor & promote melting)-cooked low & slow!

Hot Ham & Cheese \$6.99 half/ \$9.99 whole

American version of the French Classic “Croque Monsieur.”

Some have asked, “how damned good can a ham & cheese sandwich be?” ... You tell us!

FHA Market Burger \$10.99

Classic flavor all juiced up, a little weird in a wonderful way! Juiciness to your elbows and a plate full of run-off that you’ll want to wipe clean with your tongue.

CRABBY PATTY “Burger” \$12.99

It’s a Crab Cake with fancy tartar sauce on Ciabatta with Lettuce & Tomato.

RAMP BURGER \$10.99

Caramelized Onions, WV Ramps, Crispy Bacon, Cheddar Cheese & BBQ Sauce.

BLACK BEAN BURGER \$9.99

Gloves off Carnivores! This meatless wonder has a melty layer of Pepper Jack Cheese, Chipotle Mayo, Red Onions & Pico.

F’HAWKER DOG \$3.49

Fully Loaded All Beef Dog w/ Ketchup, Onions, Mustard, Chili & Slaw

CHEESE SELECTIONS:

Hot Pepper Jack, Gruyere, Cheddar, Provolone & White American

Extra Cheese Add \$1.00 / Add Bacon Add \$1.00 / Avocado Add \$1.00

Have an early Meeting at the Office? Surprise them with a Box of Fresh Coffee & Packaged Pastries!

Deli Sandwiches

German Engineering: Roast Beef & Swiss on Marble Rye Schmeat or Horseradish Mayonnaise, Lettuce, Tomato & Red Onion **\$10.99**

Porkie & Bess: Shaved Roast Pork Loin & Ham on Baguette Gruyere Cheese, Whole Grain Mustard & Pickle Chips **\$9.99**

Italian Stallion: Genoa Salami, Capicola, & Pepperoni with Provolone Cheese, Lettuce, Tomato, Roasted Red Peppers & Pesto Mayo on Crusty Roll **\$10.99**

Render onto Caesar: Chicken Breast, Lettuce, Marinated Tomato, Caesar Dressing & Parmesan in a Wrap **\$9.99**

Pita the Great: Pastrami & Swiss on Pita with Tangy Russian Dressing & Cole Slaw **\$11.99**

Down By The Sea: Albacore Tuna Salad on Sprouted Whole Grain Bread, Alfalfa Sprouts, Lettuce, Tomato & Mayo **\$9.99**

Corned Beef Explosion: Shaved Corn Beef, Swiss, Cole Slaw & Russian Dressing on Marble Rye **\$10.99**

California Dreamin: Sprouted Multigrain Bread Stacked with Alfalfa Sprouts, Avocado, Tomato, Lettuce, Muenster Cheese & a Slather of Dill Buttermilk Dressing **\$9.99**

Gobbler Sammich: Applewood Smoked Turkey with Cranberry Mayo & Lettuce on Sprouted Multigrain Bread **\$9.99**

MADE TO ORDER BREAKFAST MS. TERESA’S BIG BISCUITS & SAUSAGE GRAVY - \$4.99

Big Fluffy Made from Scratch Biscuit with Gravy full of Country Sausage.

THREE (3) EGG OMELET - \$7.99

Choice of Mushrooms, Onions, Tomatoes, Spinach, Avocado, Bacon, Ham, Sausage & Cheese

BREAKFAST SAMMICH - \$5.99

Eggs, Bacon, Sausage & Cheese
Choice of Bread Country White, Oatmeal Molasses, Biscuit or Ciabatta

BREAKFAST BURRITO - \$5.99

Scrambled Egg, Sausage or Bacon, Cheese & Side of Pico & Sour Cream