

January 2021

DAILY SPECIALS

Soup: Small \$3.49 / Large \$4.99



HOURS
MONDAY – SATURDAY
 8am – 6pm
Breakfast – 8am – 11am
Lunch – 11am – 3pm
Dinner – 3pm – 6pm

Friday, January 1:

Closed For New Year's Day!!

Saturday, January 2:

Closed for a Long Weekend!

Monday, January 4:

Soup: Broccoli & Cheddar (V,GF)
 Lunch: Pot Roast Grilled Cheese \$8.99
 Dinner: Baked Steak, Mashed Potatoes, Gravy & Green Beans \$9.99

Tuesday, January 5:

Soup: Chicken Noodle
 Lunch: Turkey BLT Wrap \$8.99
 Dinner: Lasagna Bolognese \$8.99

Wednesday, January 6:

Soup: Sherried Mushroom
 Lunch: Grilled Salmon Caesar Salad \$8.99 (GF)
 Dinner: Prime Rib, Twice Baked Potato & Veggies \$19.99

Thursday, January 7:

Soup: Beef Vegetable
 Lunch: Turkey Devonshire \$8.99
 Dinner: Chicken Pot Pie w/Mashed Potatoes \$9.99

Friday, January 8:

Soup: Potato Leek (GF,V)
 Lunch: Lobster Roll \$14.99
 Dinner: Shrimp Linguini Alfredo \$15.99

Saturday, January 9:

Soup: Minestrone
 Lunch: French Dip au Jus \$8.99
 Dinner: Baby Back Ribs w/Cole Slaw & Biscuit
 ¼ rack \$12.99- ½ rack \$17.99- full rack \$21.99

Monday, January 11:

Soup: Creamy Tomato (GF, V)
 Lunch: Spaghetti & Meatball Grilled Cheese \$7.99
 Dinner: Beef Stroganoff over Egg Noodles \$9.99

Tuesday, January 12:

Soup: Northern Bean & Ham
 Lunch: Chicken Caesar BLT Wrap \$8.99
 Dinner: Cheese Manicotti w/Meat Sauce \$9.99

Wednesday, January 13:

Soup: New England Clam Chowder (GF)
 Lunch: Farmer's Market Salad \$8.99
 Dinner: Prime Rib, Twice Baked Potato & Veggies \$19.99

Thursday, January 14:

Soup: Gumbo
 Lunch: Open Faced Meatloaf Sammie w/Mashed Potatoes & Gravy \$8.99
 Dinner: Chicken & Dumplings w/Mashed Potatoes \$9.99

Friday, January 15:

Soup: Cheeseburger
 Lunch: Tuna Melt \$8.99
 Dinner: Cajun Shrimp & Chicken Pasta w/Broccoli \$15.99

Saturday, January 16:

Soup: Red Beans & Rice
 Lunch: Philly Cheesesteak Quesadilla \$8.99
 Dinner: Rosemary & Lemon Roasted Chicken w/Vegetable Orzo \$10.99

Monday, January 18:

Soup: Baked Potato
 Lunch: BLT Grilled Cheese \$7.99
 Dinner: Meatloaf, Mashed Potatoes & Gravy w/Veggies \$9.99

Tuesday, January 19:

Soup: Cabbage Patch (GF)
 Lunch: Bacon & Chicken BBQ Wrap \$8.99
 Dinner: Eggplant Parmesan \$8.99

Wednesday, January 20:

Soup: Creamy Tortellini & Broccoli
 Lunch: Southwest Cobb Salad \$8.99
 Dinner: Prime Rib, Twice Baked Potato & Veggies \$19.99

Thursday, January 21:

Soup: Tuscan White Bean (GF,V)
 Lunch: Open Faced Pot Roast Sandwich w/Mashed Potatoes & Gravy \$8.99
 Dinner: Cashew Chicken w/Jasmine Rice \$12.99

Friday, January 22:

Soup: Chicken Cordon Bleu
 Lunch: Firecracker Salmon Cake Sandwich w/Avocado Salsa \$10.99
 Dinner: Crab Cakes w/Parmesan & Spinach Risotto \$18.99

Saturday, January 23:

Soup: Chili
 Lunch: BBQ Beef Brisket on Ciabatta w/Slaw \$8.99
 Dinner: Fried Chicken, Mashed Potatoes & Gravy w/Veggies \$10.99

Monday, January 25:

Soup: Chicken Enchilada (GF)
 Lunch: Chicken Parmesan & Provolone Grilled Cheese \$8.99
 Dinner: Pot Roast w/Potatoes & Roasted Carrots \$9.99

Tuesday, January 26:

Soup: Italian Wedding
 Lunch: Buffalo Chicken Ranch Wrap \$8.99
 Dinner: Spaghetti & Meatballs \$8.99

Wednesday, January 27:

Soup: Loaded Potato
 Lunch: Big Fat Greek Salad \$8.99 (V,GF)
 Dinner: Prime Rib, Twice Baked Potato & Veggies \$19.99

Thursday, January 28:

Soup: Taco
 Lunch: Creamed Chicken & Biscuit over Mashed Potatoes \$8.99
 Dinner: Cheese Tortellini Alfredo w/Chicken & Broccoli \$10.99

Friday, January 29:

Soup: Crab & Corn Chowder
 Lunch: Crab Cake BLT w/Remoulade \$12.99
 Dinner: Firecracker Salmon w/Avocado Salsa, Jasmine Rice & Asparagus \$14.99

Saturday, January 30:

Soup: Tomato Basil (GF,V)
 Lunch: Fried Chicken BLT \$8.99
 Dinner: Baked Steak w/Mashed Potatoes & Gravy w/Green Beans \$9.99

Weekly Market Specials:

All Week: Buy 6 Bottles of Wine & Get
 20% Off plus a free FHA Wine Bag
Winesday Wednesday: 25% Off Wine
Thirsty Thursday: 20% Off Beer
Family Meal Friday: 10% Off Frozen
 Family Meals – Stock Up!

**Stay Up To Date on New Products via our
 Facebook & Instagram Pages**

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EVERYDAY – ALL DAY SANDWICHES

Deli Grilled Reuben \$6.99 Half/ \$10.49 Whole

Grilled Rye stuffed with corned beef, a heap of warm sauerkraut, and gooey layers of melted Gruyere cheese and a generous dose of Russian dressing – pure sacrilege!

Turkey Stack \$5.99 Half/ \$9.99 Whole

The iconic “club” revised! We stack ours with thick fresh roasted turkey, crispy bacon, great local lettuce, tomato and mayonnaise. We ditch the third piece of bread (we don’t like to waste the calories!)

Chicken Salad BLT \$6.99 Half/ \$9.99 Whole

A BLT is not a well-dressed bacon sandwich. A BLT is a tomato sandwich seasoned with bacon, and WE season ours with a plump chicken salad, lettuce, tomato and mayonnaise.

Flank Steak Bomb \$7.99 Half/ \$10.99 Whole

The appeal of a steak sandwich lies in the fact that it’s a steak, and yet it’s all the other components that make it truly special. This one is layered with caramelized onions and Gruyere cheese.

Spinach & Artichoke \$5.99 half/ \$8.99 whole

A hot mess bound together with mayo, mozzarella and Parmesan cheeses. Topped off with fresh mushrooms on sourdough.

Grilled Cheese \$4.99 half/ \$7.99 whole

A Classic sandwich in its ultimate form, grilled inside & out (to add buttery flavor & promote melting)–cooked low & slow!

Hot Ham & Cheese \$6.99 half/ \$9.99 whole

American version of the French Classic “Croque Monsieur.” Some have asked, “how damned good can a ham & cheese sandwich be?” ... You tell us!

FHA Market Burger \$10.99

Classic flavor all juiced up, a little weird in a wonderful way! Juiciness to your elbows and a plate full of run-off that you’ll want to wipe clean with your tongue.

CRABBY PATTY “Burger” \$12.99

It’s a Crab Cake with fancy tartar sauce on Ciabatta with Lettuce & Tomato.

RAMP BURGER \$10.99

Caramelized Onions, WV Ramps, Crispy Bacon, Cheddar Cheese & BBQ Sauce.

BLACK BEAN BURGER \$9.99

Gloves off Carnivores! This meatless wonder has a melty layer of Pepper Jack Cheese, Chipotle Mayo, Red Onions & Pico.

F’HAWKER DOG \$3.49

Fully Loaded All Beef Dog w/ Ketchup, Onions, Mustard, Chili & Slaw

CHEESE SELECTIONS:

Hot Pepper Jack, Gruyere, Cheddar, Provolone & White American

Extra Cheese Add \$1.00 / Add Bacon Add \$1.00 / Avocado Add \$1.00

Have an early Meeting at the Office? Surprise them with a Box of Fresh Coffee & Packaged Pastries!

Deli Sandwiches

German Engineering: Roast Beef & Swiss on Marble Rye Schmeear or Horseradish Mayonnaise, Lettuce, Tomato & Red Onion **\$10.99**

Porkie & Bess: Shaved Roast Pork Loin & Ham on Baguette Gruyere Cheese, Whole Grain Mustard & Pickle Chips **\$9.99**

Italian Stallion: Genoa Salami, Capicola, & Pepperoni with Provolone Cheese, Lettuce, Tomato, Roasted Red Peppers & Pesto Mayo on Crusty Roll **\$10.99**

Render onto Caesar: Chicken Breast, Lettuce, Marinated Tomato, Caesar Dressing & Parmesan in a Wrap **\$9.99**

Pita the Great: Pastrami & Swiss on Pita with Tangy Russian Dressing & Cole Slaw **\$11.99**

Down By The Sea: Albacore Tuna Salad on Sprouted Whole Grain Bread, Alfalfa Sprouts, Lettuce, Tomato & Mayo **\$9.99**

Corned Beef Explosion: Shaved Corn Beef, Swiss, Cole Slaw & Russian Dressing on Marble Rye **\$10.99**

California Dreamin: Sprouted Multigrain Bread Stacked with Alfalfa Sprouts, Avocado, Tomato, Lettuce, Muenster Cheese & a Slather of Dill Buttermilk Dressing **\$9.99**

Gobbler Sammich: Applewood Smoked Turkey with Cranberry Mayo & Lettuce on Sprouted Multigrain Bread **\$9.99**

MADE TO ORDER BREAKFAST MS. TERESA’S BIG BISCUITS & SAUSAGE GRAVY - \$4.99

Big Fluffy Made from Scratch Biscuit with Gravy full of Country Sausage.

THREE (3) EGG OMELET - \$7.99

Choice of Mushrooms, Onions, Tomatoes, Spinach, Avocado, Bacon, Ham, Sausage & Cheese

BREAKFAST SAMMICH - \$5.99

Eggs, Bacon, Sausage & Cheese
Choice of Bread Country White, Oatmeal Molasses, Biscuit or Ciabatta

BREAKFAST BURRITO - \$5.99

Scrambled Egg, Sausage or Bacon, Cheese & Side of Pico & Sour Cream