

February 2021

DAILY SPECIALS

Soup: Small \$3.49 / Large \$4.99

♥ Bowls: \$8.99



HOURS
MONDAY - SATURDAY
8am - 6pm
Breakfast - 8am - 11am
Lunch - 11am - 3pm
Dinner - 3pm - 6pm

Monday February 1

Soup: Broccoli and Cheese (V,GF)

Lunch: Monte Cristo with WV Maple Syrup \$10.99

Dinner: Lasagna Bolognese \$9.99

Tuesday February 2

Soup: Chili (GF)

Lunch: Southwestern Chicken Grilled Cheese on Sourdough with Pepper-Jack, Pico de Gallo and Avocado \$8.99

Dinner: Chicken Pot Pie with Mashed Potatoes \$9.99

Wednesday February 3

Soup: Sherried Mushroom (V,GF)

Lunch: Grilled Pita Veggie Stack with Sliced Cucumber, Roasted Red Pepper, Spinach, Broccoli Sprouts and Tatziki Sauce \$8.99 (V)

Dinner: Prime Rib, Twice Baked Potato, Veggies \$19.99

Thursday February 4

Soup: Italian Wedding

Lunch: Eggplant Parmesan Grilled Cheese \$8.99 (V)

Dinner: Baked Steak, Mashed Potatoes, Gravy, Green Beans \$9.99

Friday February 5

Soup: New England Clam Chowder (GF)

Lunch: Tuna Melt \$8.99

Dinner: Pan Roasted Salmon, Pineapple Salsa, Fried Rice with Mushrooms and Sugar Snap Peas \$15.99 (GF)

Saturday February 6

Soup: Northern Bean (GF)

Lunch: Barbecue Beef Brisket & Cole Slaw on Ciabatta \$8.99

Dinner: Pan Roasted Rainbow Trout with Mushrooms, Asparagus, Saffron and Tomato Risotto \$18.99 (GF)

Monday February 8

Soup: Potato (V,GF)

Lunch: Meatloaf and Potato Chip Grilled Cheese with Ketchup and White American Cheese \$8.99

Dinner: Spaghetti and Meatballs \$8.99

Tuesday February 9

Soup: Bistro Onion

Lunch: Greek Chicken Grilled Cheese with Peppers, Onions, Tomatoes, Shredded Lettuce and Olive Salad \$9.99

Dinner: Chicken and Dumplings, Mashed Potatoes \$9.99

Wednesday February 10

Soup: Creamy Tomato (V,GF)

Lunch: Fried Green Tomato BLT Grilled Cheese on Sourdough \$8.99

Dinner: Prime Rib, Twice Baked Potato, Veggies \$19.99

Thursday February 11

Soup: Chicken Noodle

Lunch: Warm Southwestern Veggie Wrap with Black Beans, Corn, Avocado, Pico de Gallo, Cilantro and Spinach \$8.99 (V)

Dinner: Meatloaf, Mashed Potatoes, Gravy and Green Beans \$9.99

Friday February 12

Soup: Crab Chowder

Lunch: Open Face Crab and Artichoke Melt \$12.99

Dinner: Pan Seared Diver Scallops with Lemon and Roasted Garlic Butter over Angel Hair Pasta, Fresh Asparagus. \$18.99

Saturday February 13

Soup: Stuffed Pepper

Lunch: Philly Cheese Steak Quesadilla with Peppers and Onions \$10.99

Dinner: Grilled Mahi Mahi with Soy Glazed Napa Cabbage Slaw, Carrots, Red Bell Peppers and Scallions \$19.99 (GF)

Monday February 15

Soup: Cheese and Onion (V)

Lunch: Ham and Cheese Empanadas \$8.99

Dinner: Voodoo Pasta with Chicken, Andouille Sausage, Shrimp, Scallions, Cream and Parmesan Cheese \$15.99

Fat Tuesday February 16

Soup: Red Beans and Rice (GF)

Lunch: Voodoo Fried Chicken Po Boy \$9.99

Dinner: Chicken and Andouille Sausage Jambalaya \$10.99 (GF)

Wednesday February 17

Soup: Creole Oyster Stew

Lunch: Classic NOLA Muffuletta Sandwich \$9.99

Dinner: Prime Rib, Twice Baked Potato, Veggies \$19.99

Thursday February 18

Soup: "Big Easy" Gumbo

Lunch: Fried Crawfish Grilled Cheese with Shredded Lettuce, Tomato & Remoulade \$12.99

Dinner: Petite Filet Mignon with Crawfish, Spinach & Artichoke Risotto \$24.99 (GF)

Friday February 19

Soup: Creole Corn and Crab Bisque

Lunch: Shrimp Po Boy with Remoulade \$11.99

Dinner: Shrimp Étouffée with Fragrant Jasmine Rice and Broccolini \$17.99

Saturday February 20

Soup: Andouille and Cabbage

Lunch: Smoked Turkey, Cheddar, Avocado, Tomato, Fresh Basil & Roasted Garlic Mayo on Ciabatta \$8.99

Dinner: Blackened Catfish and Shrimp with Tomato Butter, Sweet Potato Hash and Collard Greens \$18.99 (GF)

Monday February 22

Soup: Roasted Garlic Soup (V,GF)

Lunch: Cuban Club with Shredded Pork, Ham, Pickle, Swiss, Mustard and Cilantro \$8.99

Dinner: Cheese Manicotti with Bolognese Sauce \$9.99

Tuesday February 23

Soup: Vegetable (V,GF)

Lunch: Grilled Flank Steak and Bell Pepper on Pita with Chimmichurri and Red Onion \$10.99

Dinner: Southern Fried Chicken, Mashed Potatoes, Gravy, Cole Slaw, Ms. Teresas Big Fat Biscuit! \$10.99

Wednesday February 24

Soup: Butternut Squash Bisque (V,GF)

Lunch: Southwest Grilled Cheese and Chicken on Sourdough with Pepper-Jack, Avocado, and Pico de Gallo \$9.99

Dinner: Prime Rib, Twice Baked Potato, Veggies \$19.99

Thursday February 25

Soup: Minestrone (V)

Lunch: Spaghetti & Meatball Grilled Cheese \$8.99

Dinner: Julia Child's Beef Bourguignon \$11.99

Friday February 26

Soup: Cheeseburger

Lunch: Lobster Roll \$14.99

Dinner: Asian Inspired Crab Cakes with Vegetable Lo Mein \$18.99

Saturday February 27

Soup: Chicken Tortilla (GF)

Lunch: French Dip au Jus \$8.99

Dinner: Cashew Chicken over Jasmine Rice \$12.99 (GF)

304-473-7741

Menu & Prices Subject To Change Without Notice

www.fishhawkacreswv.com

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EVERYDAY - ALL DAY SANDWICHES

Deli Grilled Reuben \$6.99 Half/ \$10.49 Whole

Grilled Rye stuffed with corned beef, a heap of warm sauerkraut, and gooey layers of melted Gruyere cheese and a generous dose of Russian dressing - pure sacrilege!

Turkey Stack \$5.99 Half/ \$9.99 Whole

The iconic "club" revised! We stack ours with thick fresh roasted turkey, crispy bacon, great local lettuce, tomato and mayonnaise.

We ditch the third piece of bread (we don't like to waste the calories!)

Chicken Salad BLT \$6.99 Half/ \$9.99 Whole

A BLT is not a well-dressed bacon sandwich. A BLT is a tomato sandwich seasoned with bacon, and WE season ours with a plump chicken salad, lettuce, tomato and mayonnaise.

Flank Steak Bomb \$7.99 Half/ \$10.99 Whole

The appeal of a steak sandwich lies in the fact that it's a steak, and yet it's all the other components that make it truly special.

This one is layered with caramelized onions and Gruyere cheese.

Spinach & Artichoke \$5.99 half/ \$8.99 whole

A hot mess bound together with mayo, mozzarella and Parmesan cheeses. Topped off with fresh mushrooms on sourdough.

Grilled Cheese \$4.99 half/ \$7.99 whole

A Classic sandwich in its ultimate form, grilled inside & out (to add buttery flavor & promote melting)-cooked low & slow!

Hot Ham & Cheese \$6.99 half/ \$9.99 whole

American version of the French Classic "Croque Monsieur."

Some have asked, "how damned good can a ham & cheese sandwich be?" ... You tell us!

FHA Market Burger \$10.99

Classic flavor all juiced up, a little weird in a wonderful way!

Juiciness to your elbows and a plate full of run-off that you'll want to wipe clean with your tongue.

CRABBY PATTY "Burger" \$12.99

It's a Crab Cake with fancy tartar sauce on Ciabatta with Lettuce & Tomato.

RAMP BURGER \$10.99

Caramelized Onions, WV Ramps, Crispy Bacon, Cheddar Cheese & BBQ Sauce.

BLACK BEAN BURGER \$9.99

Gloves off Carnivores! This meatless wonder has a melty layer of Pepper Jack Cheese, Chipotle Mayo, Red Onions & Pico.

F'HAWKER DOG \$3.49

Fully Loaded All Beef Dog w/ Ketchup, Onions, Mustard, Chili & Slaw

CHEESE SELECTIONS:

Hot Pepper Jack, Gruyere, Cheddar, Provolone & White American

Extra Cheese Add \$1.00 / Add Bacon Add \$1.00 /

Avocado Add \$1.00

February Market Specials:

10% off all of our Apothecary Products!
Lotions, Soaps, Candles & Scrubs will all be marked down for the month, so shop away!

We've been missing our monthly Market & Farm Dinners so we're going to try rolling out something new to help us fill the void. Stay tuned for details about our upcoming

"F'heast @ Home with Fish Hawk"
Dinner Series!

Deli Sandwiches

German Engineering: Roast Beef & Swiss on Marble Rye Schmeor or Horseradish Mayonnaise, Lettuce, Tomato & Red Onion **\$10.99**

Porkie & Bess: Shaved Roast Pork Loin & Ham on Baguette Gruyere Cheese, Whole Grain Mustard & Pickle Chips **\$9.99**

Italian Stallion: Genoa Salami, Capicola, & Pepperoni with Provolone Cheese, Lettuce, Tomato, Roasted Red Peppers & Pesto Mayo on Crusty Roll **\$10.99**

Render onto Caesar: Chicken Breast, Lettuce, Marinated Tomato, Caesar Dressing & Parmesan in a Wrap **\$9.99**

Pita the Great: Pastrami & Swiss on Pita with Tangy Russian Dressing & Cole Slaw **\$11.99**

Down By The Sea: Albacore Tuna Salad on Sprouted Whole Grain Bread, Alfalfa Sprouts, Lettuce, Tomato & Mayo **\$9.99**

Corned Beef Explosion: Shaved Corn Beef, Swiss, Cole Slaw & Russian Dressing on Marble Rye **\$10.99**

California Dreamin': Sprouted Multigrain Bread Stacked with Alfalfa Sprouts, Avocado, Tomato, Lettuce, Muenster Cheese & a Slather of Dill Buttermilk Dressing **\$9.99**

Gobbler Sammich: Applewood Smoked Turkey with Cranberry Mayo & Lettuce on Sprouted Multigrain Bread **\$9.99**

MADE TO ORDER BREAKFAST **MS. TERESA'S BIG BISCUITS & SAUSAGE GRAVY - \$4.99**

Big Fluffy Made from Scratch Biscuit with Gravy full of Country Sausage.

THREE (3) EGG OMELET - \$7.99
Choice of Mushrooms, Onions, Tomatoes, Spinach, Avocado, Bacon, Ham, Sausage & Cheese

BREAKFAST SAMMICH - \$5.99
Eggs, Bacon, Sausage & Cheese
Choice of Bread Country White, Oatmeal Molasses, Biscuit or Ciabatta

BREAKFAST BURRITO - \$5.99
Scrambled Egg, Sausage or Bacon, Cheese & Side of Pico & Sour Cream

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